

Heidi Lamb Castle

504 North Columbia Road, Grand Forks, North Dakota 218.289.5591

Education

Master of Science, School Counseling

Graduation May 2006, GPA 3.9

Kansas State University

Manhattan, Kansas

Post Baccalaureate, Special Education

April 2002, GPA 3.55

Brigham Young University

Provo, Utah

Bachelor of Science, Psychology

December 2000

University of Idaho

Moscow, Idaho

Experience

Instructor

2015- Current

University of Minnesota Crookston

Crookston, Minnesota

Courses taught:

Foundations of Education - ED 2200

Intro to Children with Special Needs - ED 3500

Teaching Grades 5-12 in Inclusive Environments - ED 4400

Teaching in Inclusive Learning Environments Elementary - ED 4500

Academic Yoga Mindfulness - PER 1481

Counselor

2014

University of Minnesota Crookston

Crookston, Minnesota

Provided mental health counseling to students attending university

Presented healthy coping strategies

International Teaching

2011

Seoul National University

Seoul, Republic of South Korea

Taught Korean university students preparing them for travels and life in the USA

Presented to groups on American Culture, Religion, Society

Represented University Minnesota Crookston

Yoga Instructor

2008-current

Snap Fitness, JJ's Bodyshop, YMCA

Crookston, Minnesota / Grand Forks, North Dakota

Certified in Thai Yoga Massage

Taught Mindful Yoga instruction

Certified in Reiki Level III- Japanese techniques for stress reduction

Offered classes and presentations for individuals and groups

Treatment Resource Parent

2005-2013

St Francis/Lutheran Social Services/Kindred Homes

Manhattan, Kansas / Crookston, Minnesota

Worked with At-Risk youth

Taught youth skills for dealing with difficult behaviors

Counselor

2006-2007

Flint Hills Job Corps

Manhattan, Kansas

Provided Social/Emotional counseling
Provided Career development counseling

Special Education Teacher, EBD

2003-2007

Eisenhower Middle School

USD 383 Manhattan, Kansas

Implemented PBIS daily with at risk youth
Taught students and managed paraprofessionals
Developed and managed IEP's
Presented behavior programs to faculty

Graduate Assistant

2004-2007

Women's Center

Kansas State University, Manhattan, Kansas

Trained volunteers to serve as non-violence allies
Presented collaborative work to campus personnel

Practicum in School Counseling

August-December 2004

Eisenhower Middle School

USD 383 Manhattan, Kansas

Counseled student clients

International Teaching

Summer 2003

Taiwan School of Children

Taipei, Taiwan

Presented to Parent information on education
Taught Taiwanese children the English language
Held weekend workshops on education for parents

Peaceable Schools Research Assistant

2001-2003

Peaceable Schools Project

Brigham Young University, Provo, Utah

Developed research proposals, presented findings at national conferences
Implemented PBIS schoolwide
Designed Positive Behavior Support Plans using the FBA
Implemented comprehensive, school wide program

Developmental Therapy Aid

1996-1998

Southeastern Idaho Developmental Center

Pocatello, Idaho

Taught, collected data, and charted progress for developmentally disabled clients

Research

The Effects of Direct Reading Instruction on Kindergarteners

2002-2003

Grant Elementary

Springville, Utah

Taught and charted progress in kindergarten reading class
Used direct instruction, ECRI method

Using Pre-referral Strategies to Help Possible Special Ed Referral

2001-2003

Timpanogos Elem.

Provo, Utah

The Effects of Teacher Praise on Disruptive Student's Behavior

2001-2003

Timpanogos Elem.

Provo, Utah

Designed, collected, and analyzed data for teacher praise study